



News Release

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Dance Instructor Gets Mobility Again

Irons Brothers Construction, Inc. Builds the First Wheelchair Ramp in this year's Master Builders Care Foundation Rampathon Event. Saturday, May 2, 2009, Irons Brothers Construction TEAM PROS, compiled of staff and colleagues volunteered to build Seattle Native, Narda Curlee, a former dance and gymnastics instructor a wheel chair ramp for her home in Greenwood. This ramp was built to kick off MBA's Rampathon event which will take place on May 16, 2009. On this day over 30 ramps will be built throughout King and Snohomish Counties for families in need of ramps that are unable to afford them. As part of MBA's 100 year anniversary they are completing 100 community service projects and Rampathon is just a part of this effort.

Irons Brothers Construction, Inc. celebrating its 10 year anniversary in 2009 is a full service design/build remodeling contractor servicing the greater Seattle area. The company based in Shoreline, WA specializes in residential and light commercial remodeling. This is the 4th year the company's team of volunteers "*TEAM PROS*" have donated their expertise, time, and labor to build ramps for families in need. Using universal design standards, making step-less grade changes are easily completed by our team of experts some of whom are certified aging in place specialists.

This year's Rampathon recipient for *TEAM PROS*, Narda Curlee, is a dedicated mother and grandmother who was in an unfortunate motor vehicle accident in October 2007. She owned and operated a local dance studio, *The Narda Elaine Studio of Dance & Gymnastics* located in the heart of Greenwood at 87th and Greenwood Ave. N. Dance had been Narda's passion for over 40 years, and this art now transcends to her daughters and granddaughters who are avid gymnasts and dancers. A year and a half ago tragedy struck the Curlee family when Narda and her daughter were in a car accident which left both of them injured. Not only did Narda's injuries leave her unable to continue dancing and instruction, but her current diagnosis of femoral nerve damage is severe. Her leg loses feeling and gives out on her leading to frequent falls and injuries. Narda also suffers from overlapping vertebrae, L5-S1 disc herniation, back arthritis, shoulder injuries, and an elongated tail bone with scar tissue. Narda used to get in and out of her house very carefully with the use of a cane and/or her walker. She had to navigate steps, and used a make shift ramp which had been placed over the grass and dirt in her side yard. This was very unsteady and Narda was always fearful that she would fall to the ground. With a ramp now added to her home for access she is hoping to qualify for a power electric scooter.

Narda says that having a ramp built will mean that she can be independent without relying on help from her family. With a scooter she will enjoy getting out socially and be able to ride around in her neighborhood, to the grocery store and the Kingdom Hall. She explained that her life isn't like it used to be and with this ramp she will be able to get back to living again. Narda does not believe that her health will improve anytime soon, but that a ramp will help her from deteriorating faster.

Joseph Irons, Ramp captain, was very compelled by Narda's story and enlisted the help of his Team PROS to design and build the ramp for her home. With help and donation of materials, supplies, labor, and equipment to Narda Curlee's ramp from Home Depot, Three Guys Concrete, Cadman, and Aurora Rents, Irons Brothers Construction was able to build a ramp that will withstand many years to come.

Irons Brothers Construction, Inc. would also like to thank the following companies for their donations towards the construction of Narda Curlee's ramp during the 2009 Rampathon: Dunn Lumber, Plywood Supply and Rodda Paints.

Volunteer staff pictured include: Joseph Irons, Melissa Irons, Scarlet Haney, Jake Arnesen, Rhett Irons, Chris Hjorten, Bruce Irons, Krystal Irons, Emily Dick, Mark Stoddard, Rojan Heartsong, Jose Arriaga, Walter Alfaro, Viliami Puloka, and Tony Puloka.

Pictures also include: Rampathon recipient Narda Curlee

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